### Seamer and Irton CP School - Forest School

# **Topic: Forest School – Campfires**

## **Prior learning**

- Understand some common woods and the properties that make them good and bad for use on a fire.
- Construct two styles of campfires.
- Basic food hygiene when cooking (popcorn).

# **Toffee apples**

## Step 1

Find a stick long enough to hold your apple over the fire.

### Step 2

Sharpen one end of your stick using a potato peeler or knife.

### Step 3

Peel your apple using a potato peeler.

#### Step 4

Mix up a handful of brown sugar with a sprinkle of cinnamon and keep to one side.

### Step 5

Skewer your apple on the sharp end of your stick. Cook over the fire, turning frequently. It is ready when it starts to bubble all over.

#### Step 6

BE CAREFUL as it will be hot. Roll the apple in your sugar mix until completely covered.

## Step 7

Cook on the fire again, roasting frequently until all the sugar has completely melted.

## Step 8

Wait until the toffee has cooled and then eat.

#### Year 6

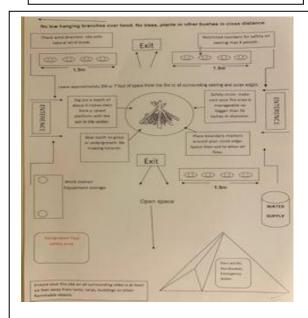
### Key knowledge I will understand

- Know the four important steps to follow when building a campfire: preparation, building, maintenance, and extinguishing the fire.
- Demonstrate safe sitting, lighting and management of a campfire and the surrounding area.
- Demonstrate simple methods of cooking over a campfire with due regard to basic food hygiene.
- Demonstrate what an ideal campsite should look like.

# How I will investigate

Applying all skills, children will set up their campsite and prepare for campfire cooking. Follow tool safety guidelines and ensure all safety procedures are in place.

### Diagram of camp site



Consider: dimensions, seating, safe working area, entrance, exit, water storage and tree overhang.